

# Product Spotlight: Corn Tortillas

The tortillas from La Tortilleria are made using the whole corn kernels which gives a more natural corn flavour.





Perfect Friday-night chicken fajitas served in authentic corn tortillas with red cabbage, sliced avocado and a squeeze of lime. Best part? Whipped up in 20 minutes!



Guacamole!

Use the avocado to make a guacamole by mashing it with olive oil and lime juice. Season with some ground cumin and a pinch of salt.

20 July 2020

### FROM YOUR BOX

| RED ONION                  | 1            |
|----------------------------|--------------|
| GREEN CAPSICUM             | 1            |
| RED CAPSICUM               | 1            |
| CORN COB                   | 1            |
| TOMATO PASTE               | 1 sachet     |
| COOKED CHICKEN (MT BARKER) | 1 packet     |
| RED CABBAGE (SHREDDED)     | 1 bag (200g) |
| AVOCADO                    | 1            |
| CORN TORTILLAS             | 1 packet     |
| LIME                       | 1            |

\*Ingredient also used in another recipe

#### FROM YOUR PANTRY

olive + oil for cooking, salt, pepper, smoked paprika, ground cumin

#### **KEY UTENSILS**

large frypan, frypan

#### NOTES

Cut corn into rounds, blanch in boiling water and serve on the side, if the kids prefer.

Keep the tortillas warm by wrapping in a fresh tea towel until serving.

Serve with some fresh sliced chilli, chilli sauce or add a pinch of chilli flakes to fajita mix if you like a bit more punch!



# **1. COOK THE ONION & SEASON**

Heat a large frypan with **2 tbsp oil** over medium heat. Slice and add onion. Cook for 5 minutes until softened. Season with **2 tsp smoked paprika and 2 tsp cumin**.



## **2. ADD THE VEGETABLES**

Slice capsicums and cut corn kernels off the cob (see notes). Add to pan and cook for 2-3 minutes. Stir in tomato paste.



## **3. FINISH THE FAJITA MIX**

Add chicken to pan and break up gently. Stir in **1/2 cup water** to loosen the mixture. Season to taste with **salt and pepper**. Remove from heat.



## **4. PREPARE THE TOPPINGS**

Toss cabbage with **1 tbsp olive oil** and slice avocado.



### **5. WARM THE TORTILLAS**

Warm tortillas in a dry frypan according to packet instructions. Keep warm until serving (see notes).



### **6. FINISH AND SERVE**

Cut lime into wedges.

Serve fajita mix at the table with cabbage, avocado, tortillas and lime wedges.



